

# Intentionsrapport ved forsøg

Forsøgsstationen – værksted for professionel scenekunst.

### Fakta

- The night- visioning a post-capitalist society while we sleep. A participatory performance where 30 people stay overnight together. More info on: <a href="https://www.helloearth.cc/inthemaking">https://www.helloearth.cc/inthemaking</a> and <a href="https://thenight8.wixsite.com/resource">https://thenight8.wixsite.com/resource</a>
- Research question: How to plant a strong intent/mission in each participant, which allows a self organised open structure for participation?
- Contact person:Vera Maeder/hello!earth
- Other co-creating artists: Boaz Barkan/performance& movement artist, Marga Socias, performer, Jacob Langaa-Sennek, scenographer
- Time: 2018 Week 4,5,6

## Udgangspunktet for forsøget

This research is born out of a previous "forsøg", where we explored different ways of preparing participants for dreaming and sleeping together and collective dreaming. To prepare for an overnight stay that is attempting to experience collective anew, we so far worked with different "steps" that each participant was guided through. With the aim to enter into liminal states of mind together, and articulate the collective experience in relation to the question of post-capitalism the following morning.

Building on this research, we are curious to examine ways, where there is great precision in the "mission" the participant is entering the night with. How can the mission be planted as a question and an opening of consciousness so it becomes a really strong driving force for each individual participant? How can a question become an embodied, intuitive impulse in the participant that leads him/her through the night?

We want to research the assumption that if the mission & question is strong and embodied, we can have a more open, self organised field, that participants may inhabit in their own way-rather then as participant being taken through an experiential journey that is guided step by step. And that such field could keep the intensity, that we otherwise know from "guided" structures, yet allow for different collective intelligence and decision making, and ownership of the performance by the participants.

### Fremgangsmåde

We will read about and explore the design of vision quests in rituals, dream journeys and hypnosis and draw from these methods to tune the mind and concentration as an entrance for the night.

Based on this knowledge, we experiment with designing different interfaces for this first entrance into the night. We will use different means such as text and images/video in combination with kinaesthetic invitations.

These interfaces will be tested with participants, that do not know much about the project during 1-2 overnight stays. Participants feedback and experience, which we capture in writing will inform the research question.

We would like to work ca. 6 hours each day. With 1 overnight stay of the group & few invited guest, and 1-2 open sharing, which would begin at about 19 h and end at about 14 h the next day.

### Forventninger til forsøget

We hope to find new insights, develop our craft and precision for how to work with mind and consciousness in participatory works. More specifically in this case: how to make the participant own their own intention, and create transparency in a participatory performance structure for all involved. Thus to find new ways, formal language and tools to design participatory performances in relation to "open fields for participation". And what craft and precision means in this case. We hope to be able to share a rich resource after the forsøg with others.

If the findings of this forsøg are relevant, principles might be included in the upcoming a work by hello!earth- to be premiered in June 2018 in Copenhagen at the Metropolis Festival.

#### Formidling af forsøget

We will prepare 1- 2 nights, as open sharing for participants/the network of forsøgstationen. The feedback from participants in relation to the research question will be a vital part to examine the findings.

The reflections from this forsøg will be added to the already existing project research blog and be available for everybody.